

HERBS / formula-products

This is a partial list of herbs and products and it should be easy to see that when self-experimenting with herbs, the subject is an endless one. Under normal circumstances what becomes popular due to the name given to a particular product and that name determines how a person is willing to give that product a try and if they like it, they tell others and over time, that product is made a second time. This creates the Top 10 list or most popular products, while in fact, most all common use herbs have value as all purpose nutritional supplements to the diet.

Having more than 1-2 choices is always going to be confusing to a person new to the subject. Herbal use dates back to the beginning of time and much has been lost over centuries and today only the herbs talked about the most, survive to become an available supplement. One of my best teachers is the history of Dr. John R. Christopher, I can duplicate most all of his old original herbal formulas and I suggest his books and history is the best starting place for those who want to understand correct use of herbs. Most good herbs have had entire books written about them and every word written will be the opinion of the person who wrote it. All herbal supplementation will forever be Adult “Self-Experimentation” Use ONLY and determine what herbs they want to experiment with the raising of their family.

If you need a person to examine you and tell you which herbs you need, then you need your Doctor. Herbal experimentation is for adults only who are self-exploring their health through nutritional herbs & foods. All good foods are in fact, natural herbs of the tree and plant. Herbs are foods / medicines while medical became an alternative to natural health.

When blending 2 or more herbs together into a “formula”, no one knows the results beyond what I suggest the 1957 Q10 theory suggest. Everyone and word suggesting that herbs are more than foods, in my opinion are all just “guessing”.

I can explain what herbs are in a chosen formula, I can even suggest why I chose to blend such herbs into 1 formula and that is all that will be known, the rest is up to speculation that is only proven by each adult who chooses to self-experiment and see what works best for their situation.

I suggest herbal supplementation today is a subject than modern day scientist are in the dark about. Your best education is going to be books written by the old herbal doctors of the past.

This is a partial list of the herbs I have self-experimented with over the years. In time I will seek to provide a small explanation of each formula.

AIR FRESHEN / WATER

Air Freshen Machine / kit

Air Freshen Formula

Air Freshen Formula with / Garlic

Air Freshen Formula “Pets”

Water Distiller / 1 Gallon

CAPSULES

6 Week Formula

BF&C

Calcium Balance

Hormone Balance

Immuncalm

Lower Bowel Balance (LBB)

Men’s Wellness

No Bleed

Olive Leaf

P/W Elimination

Sleep Eze

Ulcer Aid

WBG

Women’s Wellness

CONCENTRATES

Bone Builder / Sports

Dr. Christopher (parasite)

Dr. Clark (parasite)

Iodine / Potassium Minerals

Kids “B” Well

Lower Bowel Balance

Lower Bowel Balance “Laxative”

Longevity Spices

Men’s Wellness

Men’s Wellness Pre-Cleanse / Cleanse

Sleep / Nerve

Top Knot

Weight Balance

Women’s Wellness

Women’s Wellness Pre-Cleanse / Cleanse

Q10

ESSENTIAL OILS

Oregano “Pure”

Oregano / Sunflower

OIL FORMULAS

Family “Little Ones” Choice

Family Choice

Family “Adult” Choice

Family “Adult” Choice / Anti/ Plague

Garlic Oil

Garlic Oil Adult

Garlic Foot Oil Adult

L/G CLEANSE

#2- L/G CLEANSE + P/W A

#3- L/G CLEANSE + P/W A

#4- L/G CLEANSE + P/W A

#5- L/G CLEANSE + P/W A

#6- L/G CLEANSE + P/W A

#7- L/G CLEANSE + P/W A

External “Scalp” P/W A Oil Extreme

External “Skin” Oil

Oil Extracted Natural Tree Iodine Minerals

PARASITE / WORMS

P/W (syrup / tincture)

P/W A (syrup / tincture)

WBG (Worms “B” Gone capsules)

P/W A TINCTURE

P/W “Lure” Formula

P/W Spray

P/W A Spray

P/W A #2 Spray

P/W A #3 Spray

P/W A #4 Spray

P/W A #5 Spray

P/W A #6 Spray

P/W A #7 Spray

P/W A Top Knot Spray

P/W Elimination Capsules

P/W Elimination “B” Tincture

P/W Elimination “C” Super Garlic Tincture

P/W Elimination Kit

SINGLE HERBS

All single herbs can be made into Tinctures, which then can be turned into Herbal Sprays. This list is an example of herbs we have “used” in the past and a forever-growing list as we are often asked to locate a specific herb for customers. Some are available as a Tea / Cut and others as powders or both. Some are very common, while others can be extremely difficult to find a source for. By putting these names into an Internet search, you can easily find information on each herb and its suggested usages by random authors. There will always be much misinformation by bad authors paid to scare people away from herbal use, so I suggest looking up several sources in your question to examine each herb.

With this list of herbs, almost ever Dr. John R. Christopher / Dr. Shook herbal formulas can be duplicated and I suggest their books / sources are the best education for real herbal use. What you read on the Internet by strangers may or may not be true depending on who pays them to write.

When dealing with herbs, the common purchase of teas or powders is a minimum of 1 pound at a time. We do not sale by the ounce. Herbs continue to become obsolete due to the fact people loose interest and when herbs are no longer demanded, they can fall obsolete in 1 year and never be available from outside sources again. We stock what we common use and can try to get herbs people ask for. The absolute best method for lifelong storage is as a tincture. Teas & Powders should be used and not kept for long storage.

Common Name	Latin name
Acai Berry	Euterpe oleracea
Acerola Berry.....	Maldighia glabra
Agrimony	Agrimonia eupatoria
Alfalfa.....	Medicago sativa
Aloe Vera.....	Aloe vera
Angelica.....	Angelica archangelica
Anise.....	Pimpinella anisum
Apple	Malus pumila
Apricot	Prunus armenicaca
Arnica	Arnica Montana

Arrowroot	Maranta arundinacea
Ashwagandha.....	Withania somnifera
Astragalus.....	Astragalus membranaceus
Barberry.....	Berberis vulgaris
Barley	Hordeum vulgare
Bayberry	Myrica cerifera
Beet	Beta vulgaris rubra
Bilberry	Vacciniom myrtillus
Black Berry.....	Rubus fruticosus
Black Cohosh	Cimicifuga racemosa
Black Walnut.....	Juglans nigra
Bladderwrack.....	Fucus vesiculosus
Blessed Thistle	Cnicus benedictus
Bloodroot	Sanguinaria canadensis
Blue Cohosh	Caulophyllum thalictrioides
Blue Vervain	Verbena hastate
Blue Violet	Viola odorata
Borage	Borago officinalis
Brigham Tea.....	Ephedra viridis
Buchu	Barosma betulina
Buckthorn	Rhanmus frangula
Bugleweed.....	Lycopus virginicus
Bupleurum	Bupleurum radix
Burdock	Arctium lappa
Butchers Broom.....	Ruscus aculeatus

Butternut Tree.....	Juglans cinerea
Calamus	Acorus calamus
Calendula	Calendula officinalis
Camu Camu	Myrciaria dubia
Carrot.....	Daucus carota ssp. sativus
Cascara Sagrada	Rhamnus purshianus
Catnip	Nepeta cataria
Cats Claw	Unicaria tomentosa
Cayenne	Capsicum annuum; C. frutescens
Cedar.....	Juniperus monosperma
Chamomile	Matricaria Chamomilla
Chaparral.....	Larrea tridentate
Chaste Tree.....	Vitex angus castus
Chickweed	Stellaria media
Chicory	Cichorium intybus
Chlorella	Chlorella pyrenoidosa
Cilantro	Coriandrum sativum
Cinnamon	Cinnamomum cassia
Cleaver	Galium aparine
Cloves.....	Syzygium aromaticum
Coltsfoot	Tussilago farfara
Comfrey	Symphytum officiale 5
Coriander.....	Coriandrum sativum
Cornsilk.....	Zea mays
Cramp Bark	Viburnum opulus

Cransbill.....	Geranium maculatum
Damiana	Turnera diffusa
Dandelion	Taraxacum officinale
Desert Parsley.....	<i>Lomatium foeniculaceum</i>
Desert Sage.....	Artemisia tridentate
Devils Claw.....	Harpagophytum procumbens
Dog Grass	Agropyron repens
Dong Quai	Angelica senensis
Dulse (purple)	Rhodymemia palmata
Echinacea.....	Echinacea angustifolia; E. purpurea
Elder, Blue-berried	Sambucus caerulea, nigra 71.
Elecampagne	Inula helenium
Eleutherococcus	Eleutherococcus senticosus
Eucalyptus	Eucalyptus globulus
Eyebright	Euphrasia officinalis
Ezziac	Blend of Burdock, Slip. Elm, Sheep Sorrel, Rhubarb
False Unicorn	Chamaelirium luteum
Fennel.....	Foeniculum officinale
Fenugreek	Trigonella foenum-graecum
Feverfew.....	Tanacetum parthenium
Flax.....	Linum usitatissimum
Fo-Ti	Polygonum multiflorum
Galangal	Alpinia Galanga
Garlic	Allium sativum
Gentain	Gentaina lutea

Ginger.....	Zingiber officinale
Gingko	Gingko biloba
Ginseng	Panax quinquefolius P. ginseng
Goats Rue	Galega officinalis
Goldenrod.....	Solidago Virgaurea
Goldenseal	Hydrastis Canadensis
Grape (concord).....	<i>Vitis labrusca</i>
Gota Kola.....	Centella asiatica
Gravel Root	Eupatorium purpureum
Graviola	Annona muricata
Hawthorne	Crataegus laevigata
Hibiscus	Hibiscus sabdariffa
Hops	Humulus lupulus
Horehound.....	Marrumbium vulgare
Horny Goat Weed.....	Epimedium grandiflorum
Horse Chestnut	Aesculus hippocastanum
Horseradish	Armoracia rusticana
Horsetail	Equisetum hyemale
Hydranghea	Hydrangea arborescens
Hyssop.....	Hyssopus officinalis
Iceland Moss	Cetraria islandica
Irish Moss	Chondrus crispus
Juniper.....	Juniperus communis
Kava Kava	Piper methysticum
Kelp	Laminaria digitata

Lady's Mantle	Alchemilla xanthochlora
Lady's Slipper	Cypripedium calceolus var, pubescens
Lavender	Lavandula angustifolia
Lemon Balm	Melissa officinalis
Lemon Verbana	Aloysia triphylla
Lemongrass.....	Cymbopogon citratus
Licorice	Glycyrrhiza glabra
Lobelia	Lobelia inflata
Lungwort.....	Pulmonaria officinalis
Male Fern	Dryopteris filix-mas
Marigold.....	Calendula officinalis
Marshmallow	Althaea officinalis
Meadowsweet	Filipendula ulmaria
Milk Thistle.....	Silybum marianum
Mistletoe	Viscum album
Motherwort.....	Leonurus cardiac
Mugwort.....	Artemisia vulgaris
Mulberry.....	<i>M. rubra</i> L
Mullein	Verbascum Thapsus
Myrrh	Commiphora myrrha
Nettles (Stinging).....	Urtica dioica
Noni	Morinda citrifolia
Oats	Avena sativa
Olive	Olea europaea

Onion *Allium cepa*
 Oregano *Origanum vulgare*
 Oregon Grape *Mahonia aquafolium*
 Orris..... *Iris germanica var.florentina*
 Osha *Ligusticum porteri*
 Papaya *Carica papaya*
 Parsley..... *Petroselinum crispum*
 Passion Flower *Passiflora incarnate*
 Pau d' Arco..... *Tabebuia impetiginosa*
 Peach *Prunus persica Prunus persica*
 Pear.....*Pyrus disambiguation*
 Pennyroyal *Mentha pulegium*
 Peppermint *Mentha piperita*
 Pine *Pinus spp.*
 Pink Root *Spigelia marilandica*
 Plantain *Plantago major*
 Pleurisy..... *Asclepias tuberosa*
 Poke *Phytolacca americana*
 Pomegranate *Punica granatum*
 Prickly Ash..... *Zanthoxylum americanum*
 Pygeum *Pygeum africanum*
 Quassia *Quassia amara*
 Raspberry *Rubus idaeus*
 Red Clover..... *Trifolium pretense*
 Red Root *Caenothus americanus*

Rose	Rosa species
Rosemary	Rosmarinus officinalis
Sage	Salvia officinalis
Sarsaparilla.....	Smilax officinalis
Sassafras.....	Sassafras officinale
Saw Palmetto	Serenoa repens
Schisandra Berry	Schisandra chinensis 1
Scullcap	Scutellaria lateriflora
Senna	Cassia angustifolia
Sheep Sorrel	Rumex acetosella
Shepherd's Purse	Capsella bursa-pastoris
Skunk Cabbage	Symplocarpus
Slippery Elm	Ulmus rubra
Solomons Seal	Polygonatum species
Spearmint	Mentha spicata
Spikenard	Aralia racemosa
Spirulina.....	Blue/Green Algae
Squaw Vine	Mitchella repens
St. John's Wort	Hypericum perforatum
Stillingia	Stillingia sylvatica
Stone Root	Collinsonia Canadensis
Strawberry	Fragaria vesca
Tansy.....	Tanacetum vulgare
Teasel Marker.....	Dipsacus sylvestris
Thyme.....	Thymus vulgaris

Tumeric.....	Curcuma longa
Turkey Rhubarb.....	Rheum palmatum
Uva-Ursi.....	Arctostaphylos uva-ursi
Valerian	Valeriana officinalis
Virginia Snake Root.....	<i>Aristolochia serpentaria</i>
Watercress	Nasturtium officinale
Wheat (Grass)	Triticum turgidum
White Oak.....	Quercus alba
White Pine	Pinus strobus
White Pond Lily	Nymphaea odorata
White Poplar	Populus tremuloides
White Willow	Salix spp.
Wild Cherry.....	Prunus serotina
Wild or Prickly Lettuce	Lactuca serriola
Wild Yam	Dioscorea villosa
Wintergreen	Gaultheria procumbens
Witchhazel.....	Hamamelis virginiana
Wood Betony	Stachys officinalis
Wormseed	Chenopodium ambrosioides
Wormwood	Artemisia absinthium
Yarrow	Achillea millefolium
Yellow Dock.....	Rumex crispus
Yerba Mate	Ilex paraguariensis
Yohimbe	Corvanthe yohimbe
Yucca.....	Yucca species

HERB BLENDS (1 Pound)

Acne Aid (Powder)

B/P Reduce (Powder)

BF&C (Powder)

BF&C (Tea)

Breathe Eze (Powder)

Calcium Balance (Powder)

Candida Aid (Powder)

Gout Aid (Powder)

Iron Balance (Powder)

Its Food (Powder)

Kidney / Pancreas Aid (Powder)

Liver Aid (Powder)

Lower Bowel Balance (LBB Powder)

Men's Pro Aid (Powder)

Men's Ultra (Powder)

Mind Power (Powder)

Power Up (Powder)

Relax Eze (Powder)

Stop Bleed (Powder)

Super Green (Powder)

Thyroid Aid (Powder)

Tooth & Gum (Powder)

Topknot (Tea)

Tox-Out (Powder)

Women's Wellness (Powder)

HERB SPRAY FORMULAS

Every Single herb can be made into an Herbal Spray Formula

Every Herbal Formula can be made as Herbal Spray Formula

Herbal Sprays is an endless method of applying herbs externally

Herbal Spray 1

Herbal Spray 2

Herbal Spray 3

Herbal Spray 3 XXX Extra Hot

Acne

Anti-Spasptic

Baby Calm / Tooth & Gum Squirt

Calm / Sleep

Chest / Throat

Ear Ache

Eye Spray

Hearing Aid

Heart Herbs

Hormone Balance

Iodine / Potassium

Ivy Rash

Kids "B" Well Part "B"

LBB

Mind Over Matter

Mind Trac

Parasite Body

Room

Sinus / Breath of Life

Stop Smoking

Tetanus

The Sky is Falling

Thyroid

Tooth & Gum A, B, C or Extreme “hot” D

Top Knot

Top Knot P / W / A Extreme

Varicose Veins / Herbal Aid

Wart

SYRUP / TINCTURE FORMULAS

Adrenal Balance

Arthritis Aid

Baby Calm

BF&C

Blood Purify

Bottom of the Barrel

Calcium Balance

Cycle Eze

Eye Balance

Hormone Balance

Immune Calm

Iron Balance

K / P / H / P

Kids – B – Well

L / G Balance

Longevity Spices Adult

Longevity Spices Adult Plus (Hot)

Longevity Spices Adult – Asian Hot

Lower Bowel Balance – Adult

Lower Bowel Balance – Jr.

Maximum Restore

Maximum Restore Adult

Memory Balance

Milk Aid

Mind Over Matter

Mind Trac

Mineral Rich Natural Tree Iodine / Potassium (PICA)

Olive Leaf

Olive Leaf / Echinacea

P / W

P / W A

Parasite “Lure”

Red Raspberry

Sleep Eze

TINCTURES

Every herb can be made as a tincture and blended with other herbs then makes a formula. This would be an endless 'list'.

Partial List:

Adrenal Balance

Air Restore

Anti-Plague

Arthritis Aid

B & B

BF&C

Black Walnut Bark

Black Walnut "Bud"

Black Walnut " Green Hall"

Black Walnut Tree Blend

Black Berry

Black Berry Custom Blend

Bone Knit

Buchu

Burdock

Cayenne "5" Blend

Desert Parsley

Energy

Eye Wash

Garlic "16' Blend

Ginseng

Ginseng Premium Aged
Heart Drops
I need help
Iodine Natural Green Tree
Ivy / Rash
K / P / H / P
Kidney / Pancreas
Liver Itch
Lobelia / Vinegar
Lobelia / Tincture
Lobelia Seed
Memory Balance
Mind over Matter
Mind Trac
Minerals 108
Mumio
Mushroom "5" Blend
P / W Elimination "B"
P / W Elimination "C"
P / W A
Pink Rt
Prostrate Aid
Stress & Nerve
The Sky is Falling
Tooth & Gum A, B, C or D extreme hot

Virginia Snake rt.

Weight Aid

Whoop Eze

Wormwood

Yarrow

Yellow Dock

OINTMENTS

Herbal Healing Salve

Ivy Itch / Rash Ointment

Sports Injury “A” Mild

Sports Injury “B” Hot

Sports Injury “C” Extra Hot

Utah Salve

WB