Herbal De-Wormers

2013 By The “Barefoot” Herbalist, M.H.  
The School of “Self-Applied” Prevention

De-Worming is something Pregnant or Nursing women do not do!

P / W (Parasites / Worms)

Parasites are an eternal health problem with all living organisms. Nature provides that all living creatures have natural parasites as a way of insuring; “survival of the fittest.” Treating with Poisons can not work, because poisons kill and with parasites, we want the blood stream empowered to kill the bad parasites and keep them under control at all times.

The use of herbs is a method to supply the blood stream / immune systems with essential plant minerals and chemicals that the liver / blood “uses” to create the immunity required to kill the parasites 24/7. We need a “Balance” of good & bad bacteria and never “worms”. Worms are destructive and of no value. Some worms can be so microscopic that they are hard to find with high powered microscopes. Most all worms have but one goal in life; to reproduce!

When health is at its best there are naturally less parasites and when health is poor, there are naturally more parasites; that is their job! Parasites aid in the cleansing of the earth and to return death back to the soil.

Historical use of herbs with the most value, are those that help with parasites, circulation and dissolving of accumulations. It is always best to use herbs slowly as your elimination organs are restored and capable of dissolving and eliminating dead parasites. To concentrate on just killing parasites with out taking into consideration the entire body as a whole is not a wise choice. You always want the body to make all the choices and speed of the healing and not “force” the body to respond because it was “pushed” into acting because of something toxic was used.

Drug use, vitamin use, metals and all poisons “force” the body to respond and toxicity is never a good thing. Always “listen” to your body, never take too much of anything and be aware of how your body functions properly. Understand the fever, sweating, cold, flue, skin, feet, colon, kidneys, etc. and let your body be your guide when doing cleanses.

If you do not feel good, odds are your cleanse is going faster than your elimination organs can keep up. Parasites do not get “use” to herbs, that is a silly thing, because herbs are just “foods” that your blood stream makes use of. With
most all herbs, they are dose related and your proper dose is what you can handle and feel comfortable with.

I will attempt to explain the herbal de-wormer formulas I believe in the most and with human health, everything is never more than a personal opinion. Always read various sources before you choose to self-experiment and prove to your self what works best for you! For more information on what I have written about parasites, please read what I call the MH WAY FOLDER on my website.

Dr. Hulda Clark

Dr. Clark was one of the first people to write and publish her own books and introduced the average person to the subject of human parasites. There were plenty of herbal authors and lots of medical authors that wrote many books on parasites, but it was the Dr. Clark books that caught people’s attention and got people wanting to de-worm. It is my opinion that vitamins are toxic, so they can’t work and that the use of electronics has proven not only to be worthless, but with long term, they have been harmful. Keeping in mind that the blood stream has to be the parasite killer and the body in charge of proper elimination; poisons like silver, vitamin c, solvents and every possible type of poison are harmful and sometimes does long lasting damage. With Dr. Clark, she made Black Walnut, Wormwood and Clove her famous 3 herbs and it is my opinion that only the herbal use in her books was of any value, I suggest most everything else she promoted to be a false education. If all of her books are read, she also was a believer in the herbs Olive Leaf, Pumpkin Seed, & Oregano Essential Oil and later on added more and more products as a method to increase sales, which is the goal of most all authors.

I was the first person Dr. Clark knew to take her early books and simplify her herbal use as “Formulas” and not taking each herb separately as suggested in her books. I was the first person to make her de-wormer herbs into 1 formula and the first person and maybe the only person to make a formula of her suggested Kidney Herbs. Over the years we got to know Dr. Clark well enough to exchange letters and phone calls and I was asked by her to video a 2 day seminar she did in Louisville, Kentucky and I can honestly say she lived her life the way she wrote her books. Because she printed her own books her self and as a promotional genius; she told all her readers that they could make products listed in her books, sell their own products and spread her books freely around the world in many languages, her history will live long after her death and what internet consumers will most likely stumble upon and those that purchased her books for nearly 20 years and maybe do not know of any other sources or books will all seek the Dr. Hulda Clark de-wormer herbs.

I was the first to make these herbs as a common “Tincture” and handed it to the Clark people and they suggested they would only follow what was written in their books, but almost immediately afterwards the market was flooded with what they
call clarkia tincture of the main 3 herbs. I am the only one to use all 6 herbs and have never suggested the tincture as the best way to consume these herbs, but have always made that option for those that want tinctures only.

**P / W “Clark” Tincture** (2 - 4 ounce dropper bottles)

I call my tincture formula **P / W “Clark” Tincture** this is a tincture and for **adult use only!** Tinctures always taste bad and rarely can anyone take enough of a tincture to achieve their goals. So I do not suggest tincture use very often, because I prefer a multi-blend of herbs which include these same tinctures along with water extracts and concentrated plant and tree minerals along with what I call Natural Tree Iodine Minerals and often use the essential oil parts of the herb as well.

**P / W (Syrup tincture)** (16 ounce bottles)

I call this preferred formula **P / W** and have been sold for years by others as **Old Amish De-wormer** and **Worms Be-gone** and various other names. The **P / W** formula became popular with American Amish because **John Keim was the first person I made it for** and it was the first De-Wormer herbal formula that he liked for children. For the past 16 years, this has been our number one product and the product that has allowed us to create a small herbal business. Adults have used it for 16 years and some suggest it is as strong as anyone would want to use, while the Amish began selling it and promoting it in their Amish stores as a “Children’s” de-wormer and this is what prompted me to make an “Adult” version. The adult version adds herbs from old herbal books and any herb in historical use for lymes disease, swine flue, etc. These are adult use herbs only and not suitable for children.

**P/ W A (Syrup tincture)** (16 ounce bottles)

**Parasite Worms Adult** has been gaining reputation with the American Amish year after year and even though the taste is not so good, some love it and have great results with their health situations. The adult formulas use basically all herbs that I can find that have a history with parasite use. The **P / W A** starts with the **P / W** formula with an addition of herbs for adults.

**P / W A Tincture** (2 - 4 ounce dropper bottles)

**P / W A Tincture** is a blend of all the herbs in a do able formula, in that it is not horrible tasting and basically are the herbs added to the **P / W** to turn it into **P / W A**. This uses many more herbs than the **P / W “Clark” tincture** formula.
P / W A Herbal Spray (2 oz or 8 oz spray bottles)

I make an external herbal Parasite Spray based on our Original Herbal Base Spray I with P / W A Tincture added to Herbal Spray I. This is for adult self-experimentation use only, same as all herbs should be. No parent should give their child herbs that they them selves have not first used and been determined to be safe by the parents. Otherwise for children use, Herbal Spray I it is the all purpose spray for the entire body and is also very anti-parasite as well.

P / W E (A) Capsules) (150ct or 550ct bottles)

Parasites Worms Elimination is possible the greatest all purpose herbal capsule formula on the planet. It has the Clark Herbs for worms, and all of the best Dr. John R. Christopherson Master Herbalist Formulas for total human health with a blend based on the Elimination Colon Formula called Lower Bowel Balance. This formula has it all! Herbs for the Kidneys, the Liver, the Stomach, the Colon, for Hormones, Men’s Health & Women’s Health, it is quite possibly the largest capsule formula ever put together and by far the most “Unique” and the final results even amazed me! The theory of this formula is to take it every day for life as a “Prevention” dose; 4 capsules is what I like for myself.

P / W E (B) Strong Adult De-Wormer Tincture (4 oz dropper bottles)

This was made specifically for the P / W E capsules as an All “N” One Kit. The theory was 4 capsules daily with 1 dropper of P / W E (B). This it way stronger than the de-wormer tinctures listed above, it has all the herbs in the P/ W E formula along with a higher concentrate of the adult de-wormer herbs which equals a very bad taste, but when doing 1 dropper daily, the taste is “do able” and strictly super adult self-experimentation use only!

P / W E (C) Super Strong Adult De-Wormer Tincture (4 oz dropper bottles)

This is the P / W E (B) formula with added super potent highly concentrated Garlic. This is by far the worst tasting formula I make and for extreme self-experimentation use only and would not be “enjoyable” as a daily prevention.

New for 2013

The ALL “N” ONE Highly Concentrated Herbal Paste Formulas
These are available in 4 ounce, 8 ounce and 16 ounce brown amber plastic bottles or optional “glass” canning Ball Jars.
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**P / W “Clark” Concentrate**

As far as De-Wormer formulas, I make the P / W “Clark” Concentrate as a concentrated formula, using the same De-Wormer herbs and are in cold processed form. Highly concentrated and extremely “Unique”. This formula is made as a tribute to Dr. Hulda Clark. This is an Adult Self-Experimentation Use formula Only! Not for Children! This is a potent concentration of herbs based on the herbs made famous by the late Dr. Hulda Clark along with herbs I have added to aid in the best possible formula for these herbs. Being a new product, there are no stories from anyone and the only suggestible dose would be ¼ teaspoon and allow the body to dictate the daily dose based on how the person “feels”. This is all based on De-Worming and not as a total health formula. This would be an option to the P/W formulas listed above. Basically the maximum possible way to consume all these herbs can offer.

**P / W “Christopher” Concentrate**

Same as with Clark, this is a tribute to Dr. John R. Christopher’s herbal de-wormer formula. His formula was strictly for adult use only! This concentrate will be much stronger and concentrated using the same herbs with my variety of herbs to make it as a concentrate. Same as with the Clark concentrate, this is new and no known stories from people to base a dosage on, so ¼ teaspoon is the only suggested dose to start. These herbs are for extreme adult self-experimentation use only! I would not suggest taking more than 30 days at any given time for the Dr. Christopher de-wormer herbal formula and use the milder de-wormer formulas for daily maintenance.

**P / W E Concentrate**

This is based on all of the Best of the Best Dr. John R. Christopher herbal blends for total health with the main formula based on De-Worming & Elimination or basically a very advanced formula compared to the P / W E capsule formula. Because this will have the “Adult” Strength De-wormer herbs and Lower Bowel Balance formula, this will not taste good. This will be very “potent” and available IN April 2013. This formula will have every herb I have collected over the past 20 years that have some history as de-worming herbs and known to help defend against lymes disease. These de-wormer concentrates are designed to be used in conjunction with the Master Herbalist Concentrates such as Men’s Wellness Concentrate and Women’s Wellness Concentrate, in that the Master Formulas will have natural de-wormer herbs within and when extra is desired, these formulas can be used for “treatment”.

Our Number 1 product is P / W and I suggest all new people start with 4 bottles of P / W at 1 tablespoon morning and night and then if desired, they can continue a maintenance dose for life or move onward to stronger and stronger de-wormer formulas. MH